

CONSTITUTION

ARTICLE I: NAME AND GEOGRAPHIC AREA

Section 1: The name of the society is the Northland Chapter of the American College of Sports Medicine (ACSM).

Section 2: The geographic area shall principally include: Minnesota, Nebraska, North Dakota and South Dakota. However, membership will not be limited to residents of these states.

ARTICLE II: OBJECTIVES AND PURPOSES

The objectives and purposes of the organization shall be to follow, fulfill and promote the objectives of the American College of Sports Medicine at the regional level which are:

- (1) To promote and advance medical and other scientific studies dealing with the effect of sports and other physical activities on the health of human beings at various stages of life;
- (2) To cooperate with other organizations, physicians, scientists and educators concerned with the same or related specialties;
- (3) To arrange for mutual meetings of physicians, educators and allied scientists;
- (4) To make available postgraduate education in fields related to these sciences;
- (5) To initiate, promote and correlate research in these fields;
- (6) To edit and publish a newsletter containing articles pertaining to various aspects of sports, other physical activities, health education, medicine, and activities of the Chapter members.

ARTICLE III: TAX STATUS

Section 1: The Northland Chapter of the American College of Sports Medicine is a non-profit organization, and will comply with the Internal Revenue Service requirements for a tax exempt organization.

Section 2: The main office of the Chapter will be located in the office of the Executive Director.

ARTICLE IV: MEMBERSHIP

Section 1: Membership of the Northland Chapter of the American College of Sports Medicine will not be restricted to those who currently hold membership in the national the American College of Sports Medicine.

Section 2: A roll of all members of the Northland Chapter of the College shall be kept by the Executive Director

Section 3: Membership of the regional chapter shall be of following classes: Members, Graduate Students, Student Affiliates, and Associate Members.

Section 4: Northland Chapter Membership Categories

a. Member

- i. Shall have earned a bachelor's, master's or doctor's degree from an accredited institution in a field related to health, physical education, exercise science, or biology, or shall have earned a bachelor's, master's, or doctor's degree in other areas but be working in a field related to health, physical education, sports medicine or exercise science.
- ii. Applicants considered to have the equivalent of one of the above degrees and who are working in a field related to health, physical education, sports medicine or exercise science may be accepted as regular members upon the approval of the Executive Committee.

b. Graduate Student

- i. Shall have earned a bachelor's degree in a field related to health, physical education, exercise science, or biology and shall be carrying at least one-half of a full academic load as defined by the university or college he or she is attending during at least one semester of a regular academic year.
- ii. Graduate student membership shall be terminated at the end of the calendar year in which the individual receives a graduate degree or terminates his or her graduate studies. This category of membership shall be restricted to seven years from the date of application.

c. Student Affiliate

- i. Shall be a full-time undergraduate student in a field related to health, exercise science, biology, physical education, or the premedical sciences. To be eligible for this classification the student must be in good standing at his or her institution. This category of membership shall be restricted to five years from the date of application.

d. Associate Member

- i. Associate Membership in the College is open to any person with an interest in the general area of sports medicine but not to those who are currently regular or student members, or those who would otherwise qualify for regular membership in the College. Dues are to be established by the Executive Committee and may be changed at their discretion.
- e. Membership in the College is on a calendar year basis (January through December). Those joining the chapter for the first time and joining after September 1 will automatically be members until December in the following year (example Sept 2, 1999 joiner is a member until Dec 31, 2000).

Section 5: All members, graduate students, student affiliates, and associate members shall be entitled to vote. However, only full members in good standing in the American College of Sports Medicine may hold office.

ARTICLE V: OFFICERS

Section 1: The officers of the Northland Chapter of the American College of Sports Medicine shall consist of a President, President-Elect, Five Elected Representatives (one representing each state in the region, and one Representative at Large elected from those chapter members not residing in MN, ND, SD, or NE) and the Executive Director.

- a. The Representatives shall serve for a term of two years while the President-Elect shall serve for one year in that capacity and the following year as President.
- b. The State Representatives from North Dakota and Nebraska will be elected in the fall of odd numbered years while those from Minnesota and South Dakota and the Representative at Large will be elected in the fall of even numbered years.
- c. The previous year's President-Elect shall become President for one year.
- d. The officers shall assume their official duties immediately after the close of the annual fall meeting. (See Article VI, Section 9, for details on the selection of a slate of officers and the manner of election.)
- e. The Executive Director. is not an elected position but is an appointed position. The Executive Committee is responsible for hiring the Executive Director.. The initial term of the Executive Director is for three years. Succeeding terms are for 2 years each.
- f. Officers must be members of the American College of Sports Medicine.

Section 2: Any vacancy or absence in the office of the President will be filled by the President-Elect. Any vacancy in any other office shall be filled by presidential appointment with the approval of the other chapter officers (simple majority vote). Such appointees must meet all of the requirements for the position. Appointees will serve for the duration of the normal term of the office

Section 3: The Executive Director shall maintain an administrative office through which the routine business of the Chapter shall be conducted.

Section 4:

- a. The Chapter's representative to the American College of Sports Medicine Regional Chapter's Committee shall be elected by the membership for a three year term. The representative must be a member of the American College of Sports Medicine, and must have experience as a chapter officer.
- b. The representative to the ACSM Student Affairs committee shall serve for a term that includes two consecutive national ACSM annual meetings. The student must be enrolled at least half time at the time of election, and can fulfill an elected term after graduation. National ACSM membership is required

ARTICLE VI: COMMITTEES

Section 1: The standing committees of the Chapter will be the Executive Committee, the Nominating Committee, Development Committee, and Communication Committee(see Article VI, Section 9a, 9b,9c).

Section 2: The President may appoint special committees for various purposes.

Section 3: All committees shall consist of at least three members of the Chapter, one of whom shall be appointed as chairperson.

Section 4: The members of all standing committees shall hold office until their qualified successors have been duly appointed.

Section 6: The Executive Committee shall be composed of officers including President, Past-President, President-Elect, Executive Director, Five Elected Representatives, the Chapter's Representatives to the American College of Sports Medicine committees (see Article V, Section 4), the Newsletter Editor, and the Chair of the Development Committee, and a representative to the Worksite Health Promotion Committee. The Executive Committee shall have the power to regulate the property interests of the Chapter, annual dues of members, to adopt rules and regulations for the election of members to the Chapter, to determine what publications shall be sponsored by the Chapter, to make contracts in connection therewith and to name editorial boards for sponsored publication(s), to set the dates of the annual and other Chapter meetings, to organize and sponsor post-graduate educational events and promote other objectives of the Chapter (see Article II), and to approve any and all business not otherwise provided for pertaining to the organization and operation of the Chapter.

Section 7: The business and policies of the Chapter as prescribed by the membership at the annual meeting shall be implemented by the Executive Committee.

Section 8: Notice of meetings of the Executive Committee shall be announced in writing at least ten days prior to a meeting. Following this notice, business of the Executive Committee shall be conducted by those members in attendance.

Section 9: Other Committees

- a. The Nominating Committee shall be chaired by the President-Elect and the membership will include the President and three members appointed by the President from the membership of the Chapter. The nomination slate will be sent to the executive director by September 25. Nominees for the position of student representative to the ACSM Student Affairs Committee must be forwarded to the Nominating Committee chair by a NACSM Professional Member who is also a faculty member at the student's current institution. No more than one student may be nominated from any single institution. The slate will be announced at the annual business meeting. Nominations will be accepted from the floor. The Executive Director will prepare and mail ballots to chapter membership by the end of the second week following the annual meeting. Ballots will be returned to the President within 15 days after the mailing date. Election results will be announced via chapter publications.
- b. Development Committee: the Development Committee chair shall be appointed to an open-ended term by the president. The appointment shall be confirmed by a simple majority of the board. The President shall appoint up to three addition members who will serve as stipulated under Article VI, Section 3 and 4. This committee shall work to ensure the financial stability of the chapter. Financial stability of the chapter allows it to pursue its mission.
- c. Communication Committee: the NEWSLETTER EDITOR shall be appointed to an open-ended term by the president. The appointment shall be confirmed by a simple majority of the board. The President shall appoint up to three addition members who will serve as stipulated under Article VI, Section 3 and 4. This committee shall work to assure communications in the chapter. The NEWSLETTER EDITOR will chair this committee.
- d. Worksite Health Promotion Committee: The representative to the Worksite Health Promotion Group Committee shall be appointed to an open-ended term by the president. The appointment shall be confirmed by a simple majority of the board. The President shall appoint addition members who will serve as stipulated under Article VI, Section 3 and 4. The committee shall work to provide professional educational opportunities to chapter members self identifying as having an interest in worksite health promotion.

ARTICLE VI: FUNDS

Section 1: The funds of the Northland Chapter of the College shall be derived from the annual dues collected from each member as established by the elected officers, as well as from registration fees, endowments, gifts, grants, and bequests to the Chapter.

Section 2: Dues shall be collected by the Executive Director. through the mail or at the annual meeting. Dues not paid by the time of the annual meeting shall be considered delinquent.

Section 3: The fiscal year extends from January 1 to December 31. (Note: dues paid after August 31 are applied to the next membership year as per ACSM rules).

ARTICLE VIII: MEETINGS

Section 1: An annual business meeting of the Chapter shall be held to carry out Chapter business.

Section 2: The Chapter shall conduct open sessions, symposia, and postgraduate courses which shall be devoted to educational, practical, or scientific aspects of sports medicine.

Section 3: Sites for the meetings shall be designated by the Executive Committee of the Chapter.

ARTICLE IX: AMENDMENTS

Amendment of the constitution of the Northland Chapter of the American College of Sports Medicine may be initiated by a proposal signed by at least five members of the Chapter in good standing. This proposal shall be delivered to the Executive Director. in writing. The Executive Director. shall present the proposed amendment to the members at the annual business meeting. A two-thirds affirmative vote of the members present shall be required to adopt any amendment.

Last revision: October 2008 by member vote at Annual Business Meeting